

# Hospital Discharge Planning Checklist

Hospital discharges are one of the riskiest times for patients. Medications change, instructions get missed, and families often feel unprepared. This checklist helps you ask the right questions so nothing slips through the cracks.



What is the exact diagnosis or reason for hospitalization?



What medications are being started, stopped, or changed? Get a written list.



Are there side effects or warning signs we should watch at home?



What follow-up appointments are already scheduled? Who do we call to confirm?



Will home health, rehab, or nursing support be arranged? When will they arrive?



Do we have written discharge instructions in plain language?



What equipment (walker, oxygen, wound supplies) is needed at home? Who delivers it?



Who is coordinating care between hospital, primary care, and specialists?



What is the emergency plan if symptoms worsen?



Who can we call with questions after discharge? Get a direct phone number.